

Volunteer Training Calendar

Non-accredited training - Volunteering Works

September - November 2011

September

Training Course	Date	Time	Venue	Cost
How to be more Assertive	Thurs 15 September	9.30am - 12.30pm	Cumbria CVS Lesser Kings Hall 52-59 Hartington Street Barrow LA14 5SR	Free
Food Safety CIEH Level 2	Tues 20 September	9.30am - 4pm	Forum 28 Duke Street Barrow LA14 1HH	Free
Heartstart Run in partnership with Cumbria Fire and Rescue Service	Wed 12 October	9.30am - 12.30pm	Whitehaven Harbour Youth Project Swingpump Lane Whitehaven CA28 7LZ	Free
Managing Change	Thurs 13 October	9.30am - 12.30pm	Friends Meeting House Stramongate Kendal LA9 4BH	Free
Equality & Diversity Run in partnership with CERC	Tues 18 October	9.30am - 12.30pm	Cumbria CVS Lesser Kings Hall 52-59 Hartington Street Barrow LA14 5SR	Free
Communication Skills	Wed 19 October	9.30am - 12.30pm	Morton Community Centre Wigton Road Carlisle CA2 6JP	Free

October

To book, contact Monique Rebanks on 01768 800350 email moniquer@cumbriacvs.org.uk

For details of our accredited volunteer training visit www.cumbriacvs.org.uk

Volunteer Training Calendar

Non-accredited training - Volunteering Works

September - November 2011

Training Course	Date	Time	Venue	Cost
Lone Working	Thurs 20 October	9.30am - 12.30pm	Penrith Methodist Church Wordsworth Street Penrith CA11 7QY	Free
Equality & Diversity Run in partnership with CERC	Thurs 3 November	9.30am - 12.30pm	Morton Community Centre Wigton Road Carlisle CA2 6JP	Free
Heartstart Run in partnership with Cumbria Fire and Rescue Service	Thurs 10 November	9.30am - 12.30pm	Penrith Methodist Church Wordsworth Street Penrith CA11 7QY	Free
Confidence Building	Thurs 17 November	9.30am - 12.30pm	Whitehaven Harbour Youth Project Swingpump Lane Whitehaven CA28 7LZ	Free
Dealing with Difficult Behaviour	Tues 22 November	9.30am - 12.30pm	St Michael's Church Dora Crescent Workington CA14 2EZ	Free
Adult Protection For volunteers working with vulnerable adults	Tues 29 November	9.30am - 12.30pm	Cumbria CVS Lesser Kings Hall 52-59 Hartington Street Barrow LA14 5SR	Free

Oct

November

To book, contact Monique Rebanks on 01768 800350 email moniquer@cumbriacvs.org.uk

For details of our accredited volunteer training visit www.cumbriacvs.org.uk